

Tripoli Evangelical School

Class: Grade 11 IP

Subject: Psychology/ 2 periods

Textbook: Psychology, Principles in Practice, Holt McDougal, edition 2010 chapters 13, 17 and 21

Cycle: 3<sup>rd</sup>

Head of Department: Ms. Wafa Bitar

Syllabus name	Standard description	Standard name	Standard code	Description
Term I Social Interaction	Group behavior	Facilitation, polarization, leadership	Ch. 21, sec. 1	Define: social facilitation Define: social loafing and risky shift The characteristics of group decision- making Define: group polarization Define: group leadership
	Conformity and obedience	Social norms, reasons for conformity and obedience	Ch. 21, sec. 2	The importance of groups and social norms Analyze Asch 's studies of conformity Reasons why people conform The purpose of Milgram's studies of obedience Reasons why people obey
	Aggression and altruism	Factors leading to aggressive behavior, Those leading to altruism	Ch. 21, sec. 3	The connection between heredity and aggression The features of the psychoanalytical view of aggression The features of the cognitive view of aggression The learning and sociocultural view of aggression Define: altruism The factors that affect altruism
Term II Chapter 13 Motivation and Emotion	The Psychology of motivation	Motives, needs and drives	Ch. 13, sec. 1	The psychology of motivation: a) Motives, b) needs c) drives The major theories of motivation: a) Instinct theory b) Drive- reduction theory c) Humanistic theory

				d) Sociocultural theory
	Biological needs: focus on hunger	Causes of obesity and controlling it	Ch. 13, sec. 2	The components of the hunger drive Causes of obesity
	Psychological needs	Maintaining balance in one's personal life	Ch. 13, sec. 3	Define: stimulus motives Causes behind lack of achievement motivation Motivation behind people making things fit: a need to maintain balance between personal beliefs, actions and thoughts The desire for affiliation motivate people
	Emotions	Why show emotions	Ch. 13, sec. 4	Analyze the nature of emotion Different facial expressions across different cultures The major theories of emotion: a) James- Lange theory b) Cannon- Bard theory c) Theory of cognitive appraisal
Stress and Health	Understanding stress	Types, sources and personalities	Ch.17, sec. 1	Define the two types of stress Analyze the main sources of stress Analyze how conflict cause stress Stress affected by the type of personality
	Stress: responses and effects	Physical and psychological effects	Ch. 17, sec. 2	Analyze the factors that influence responses to stress Define the general adaptation syndrome: alarm reaction, resistance and exhaustion Analyze how stress affects the immune system
	Psychological factors and health	Physical and psychological responses	Ch. 17, sec. 3	Analyze the biological and the psychological factors affecting health The most common types of headaches The factors that contribute to heart disease The connection between cancer and stress
	Ways of coping	Defensive coping	Ch. 17,	Analyze some defensive coping methods

	with stress	mechanisms	sec. 4	Analyze the effect of active coping methods on easing stress
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